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What is your age?

12 - 17

18 - 59

60+

Flexi-Fit Membership

£2.80 Pay as You Go
 £14.95 4 Week Gym Pass
 £12.95 Flexible Monthly by Direct Debit*
 £10.00 Joining Fee

Are you a student?
Or do you receive Benefits?

Benefits**

No, Neither

Student**

Would you like to share your membership with loved ones?

Yes Consider...

No Just me...

Students & Seniors Membership

£2.80 Pay as You Go
 £19.95 4 Week Gym Pass
 £18.00 Flexible Monthly by Direct Debit
 £15.95 Discount Monthly by Direct Debit*
 £10.00 Joining Fee

Joint Membership

(2 Adults living at the same address)
 £360.00 Pre-Paid Annual
 £20.00 Joining Fee

Family Membership

(Up to 2 adults & all under 18's at the same address)
 £445.00 Pre-Paid Annual
 £50.00 Flexible Monthly by Direct Debit
 £39.95 Discounted Monthly by Direct Debit*
 £20.00 Joining Fee

Try before you buy?

No membership needed: **Visitor Pass £6.00**

For further information on any of our Membership options or join us today

Call: 0191 257 5434

Freedom Membership

£4.80 Pay as You Go
 £25.95 4 Week Gym Pass
 £185.00 Pre-Paid Annual
 £19.95 Flexible Monthly by Direct Debit
 £16.95 Discount Monthly by Direct Debit*
 £10.00 Joining Fee

* All of our discounted monthly memberships are subject to a 12 month contract.

** Ask for details of what benefits are eligible. You will need to provide evidence of receipt. For Student Membership you will need to provide evidence of student status.